



Acute Septic Arthritis of the Knee Caused by *Kingella kingae* in a 5-Year-Old Cameroonian Boy

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Kingella kingae is an important cause of invasive infections in young children from Western countries. Although increasing reports indicate that this organism is the leading agent of bone and joint infections in early childhood, data on *K. kingae* infections from resource-limited settings are scarce, and none has yet been reported in Africa. We herein report the diagnostic and epidemiological investigations of the first case of *K. kingae* arthritis identified in a child from sub-Saharan Africa. A 5-year-old Cameroonian boy presented with a sudden painful limp which appeared in the course of a mild rhinopharyngitis. He lived in Cameroon where he had been vaccinated with BCG at birth and moved to France for holidays 4 days before consultation. There was no history of trauma and he did not have any underlying medical condition. Upon admission, he had a temperature of 36.7°C, and clinical examination revealed right-sided knee tenderness and effusion that was confirmed by ultrasound imaging. Laboratory results showed a white blood cell count of 5,700 cells/mm³, C-reactive protein level of 174 mg/L, and platelet count of 495,000 cells/mm³. He underwent an arthrocentesis and was immediately given intravenous amoxicillin-clavulanate. Conventional cultures from blood samples and synovial fluids were negative. Polymerase chain reaction (PCR) assay targeting the broad-range 16S rRNA gene and real-time quantitative PCR assays targeting *Mycobacterium* species were negative. Surprisingly, real-time PCR assays targeting the *cpn60*, *rtxA*, and *rtxB* genes of *K. kingae* were positive. Multicolor fluorescence *in situ* hybridization specific for *K. kingae* identified the presence of numerous coccobacilli located within the synovial fluid. Finally, multilocus sequence typing analysis performed on deoxyribonucleic acid directly extracted from joint fluid disclosed a novel *K. kingae* sequence-type complex. This case report demonstrates that *K. kingae* may be considered as a potential cause of septic arthritis in children living in sub-Saharan Africa, and hence the burden of *K. kingae* infection may be not limited to the Western countries. Further studies are required to determine the prevalence of *K. kingae* infection and carriage in Africa.

Keywords: *Kingella kingae*, pediatrics, arthritis, infectious, multilocus sequence typing, Africa South of the Sahara

BACKGROUND

Kingella kingae is an emerging pathogen recognized as the primary etiology of bone and joint infections in young children from Western countries (1, 2). Asymptomatically harbored in the oropharynx of children aged 6–48 months, the prevalence of *K. kingae* oropharyngeal carriage ranges from 8 to 23% from studies carried out in Israel, Switzerland, and New Zealand (3–6). Because this Gram-negative bacterium is usually responsible for a mild to moderate inflammatory response, and its detection is notoriously difficult by conventional culture, diagnosis of *K. kingae* infection requires a high index of suspicion and the use of adequate detection methods such as real-time quantitative polymerase chain reaction (qPCR) assays (6, 7). These molecular diagnostic tools exhibit higher sensitivity compared with culture methods, shorten the time of detection from days to a few hours, and enable the identification of the organism among healthy carriers (4–6).

Large-scale epidemiological studies based on multilocus sequence typing (MLST) analysis of *K. kingae* showed that dominant clones belonging to sequence-type complexes 6 (STc-6), -14, -23, and -25 accounted for 72% of strains disseminated worldwide, mainly in the USA, Europe, and Israel, with ST-14 and ST-25 being positively associated with osteoarticular infections (8). To date, *K. kingae* infection and carriage have been studied in Israel, Europe, North and South America, Australia, New Zealand, and Japan (5, 8–10), but none have yet been reported in Africa. We herein report the diagnostic and epidemiological investigations of *K. kingae* arthritis in a young, previously healthy child from Cameroon, and we discuss the clinical implications of these findings.

CASE PRESENTATION

On 11 July 2016, a 5-year-old Cameroonian boy was admitted to the emergency department at the Dracénie Hospital in the region Provençes-Alpes-Côte d'Azur, France, due to a painful limp that appeared in the morning. He lived in Cameroon where he had been vaccinated with BCG at birth, and moved to Southeastern France for holidays 4 days before consultation. A mild rhinopharyngitis had occurred the previous week, but as the symptoms were mild, no treatment had been undertaken. There was no history of trauma, and he did not have any underlying medical condition. Upon admission to hospital, the child had a temperature of 36.7°C and refused to walk. Clinical examination revealed right-sided knee tenderness and effusion. Neither skin rash nor oral ulcerations were noted. Laboratory results showed an elevated C-reactive protein (CRP) level at 174 mg/L, with normal white blood cell count of 5,700 cells/mm³ and platelet count of 495,000 cells/mm³. Ultrasound imaging confirmed effusion of the right knee, whereas conventional radiograph showed no significant abnormality. The child underwent an arthrocentesis, and mildly opaque and yellowish liquid was extracted, suggesting

a septic arthritis of the right knee. Consequently, the child was immediately given intravenous amoxicillin-clavulanate 100 mg/kg three doses daily during 3 days.

DESCRIPTION OF LABORATORY INVESTIGATIONS AND DIAGNOSTIC TESTS

Because conventional cultures applied for Gram-positive, Gram-negative, mycobacterial species, and fungi from the joint fluid and blood samples were negative, joint specimens were sent in dry ice to the molecular diagnosis laboratory of the URMITE unit in Marseille, where bacterial deoxyribonucleic acid (DNA) was extracted directly from the joint fluid. Polymerase chain reaction (PCR) assay targeting the broad-range bacterial 16S rRNA gene (11) and qPCR assays targeting both *Mycobacterium* species and *Mycobacterium tuberculosis* complex (12) were negative. Given the age of the patient, *K. kingae* was also sought by using specific qPCR assay targeting the *K. kingae* *cpn60* (*groEL*) gene (11). Surprisingly, this specific *K. kingae* assay was positive, as well as qPCR assays targeting the *Kingella*-specific *rtxA* and *rtxB* genes (7, 13), thus confirming the diagnosis of septic arthritis caused by *K. kingae*. The organism was also identified by multicolor fluorescence *in situ* hybridization specific for *K. kingae* (Figures S1 and S2 in Supplementary Material), which revealed the presence of large numbers of viable coccobacilli located within the synovial fluid (Figure 1). Cardiac investigations ruled out endocarditis. A switch to oral amoxicillin-clavulanate 100 mg/kg three doses daily was then undertaken on 15 July 2016 and was planned for a total duration of 2 weeks. Despite these recommendations, the treatment was continued for another 2 months in Cameroon. During the final follow-up 3 months postoperatively, clinical examination revealed a normal knee status with a normal range of motion.

Thereafter, MLST studies using a modified protocol specific for *K. kingae* was performed on bacterial DNA extracted directly from the joint fluid as previously described (14). Five alleles were unambiguously identified, namely, *adk-2*, *aroE-2*, *cpn60-2*, *zwf-13*, and *recA-2*. Unexpectedly, 14 single nucleotide variants of the *abcZ* allele were identified from nucleotides 6–447 (Figure S3 in Supplementary Material; Table 1). To estimate the between-strain relatedness and define an MLST scheme for *K. kingae*, a different allele number was given to each distinct sequence within a locus, and a distinct sequence-type (ST) number was attributed to each distinct allele combination (15). *K. kingae* isolates were then grouped into ST-complexes (STcs) if they differed at no more than one locus from at least one other member of the group. Among the 70 STs of *K. kingae* that are documented in the multilocus sequence database (MLST) of the Institut Pasteur database (http://bigsd.b.pasteur.fr/perl/bigsd/bigsd.pl?db=pubmlst_kingella_seqdef_public&page=downloadProfiles&scheme_id=1), ST-26, which belongs to the highly invasive STc-25, was the closest ST by sharing four alleles, namely, *adk-2*, *cpn60-2*, *gdh/zwf-13*, and *recA-2* with the causative strains that were herein identified (Table 2). Although analysis of the combination produced by the five unambiguous

Abbreviations: CRP, C-reactive protein; DNA, deoxyribonucleic acid; MLST, multilocus sequence typing; PCR, polymerase chain reaction; ST, sequence type; STc, sequence-type complex.

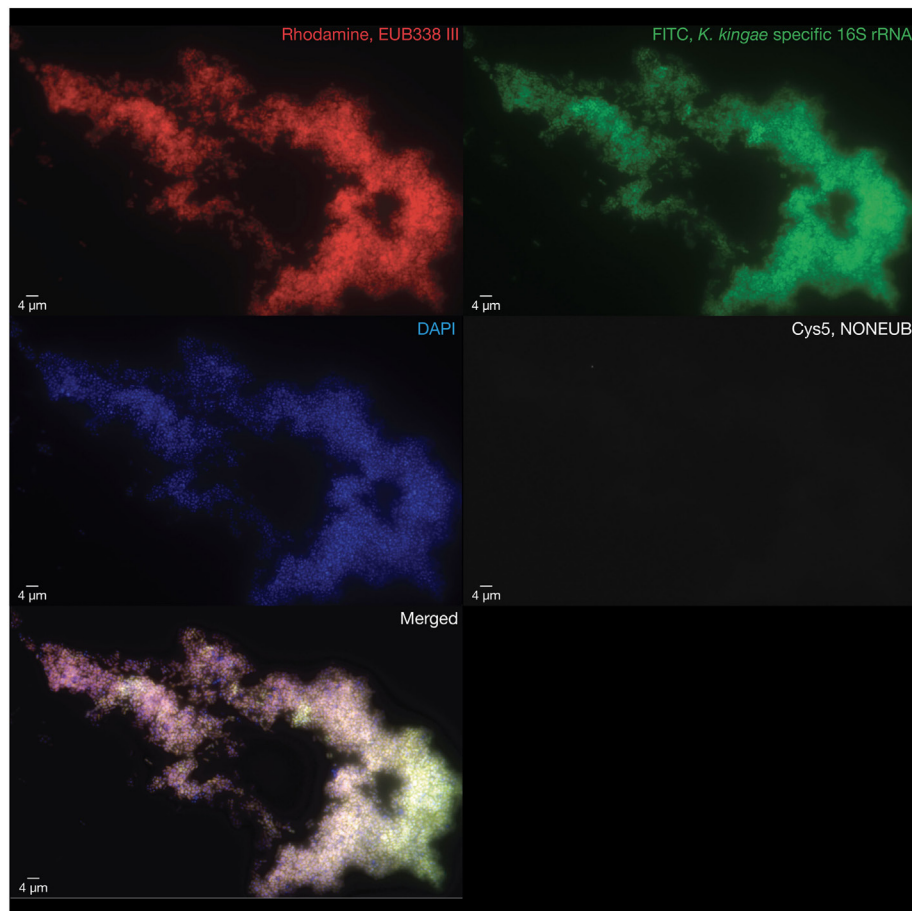


FIGURE 1 | Multicolor fluorescence *in situ* hybridization assays were performed on the pathogenic synovial fluid after this latter was formalin fixed and paraffin embedded. Large numbers of viable coccobacilli representing the causative *Kingella kingae* strains are visualized in red using a rhodamine-labeled probe targeting a consensus sequence of the bacterial 16S rRNA gene (EUB338 III, top left), in green using an FITC-labeled probe targeting the *K. kingae*-specific V1 region of the 16S rRNA gene (top right), and in blue using a DAPI probe to label deoxyribonucleic acid (middle left). An internal negative control was performed by using a bacterial non EUB338 probe (middle right). The merged image was obtained summing the four abovementioned images (bottom left).

alleles indicated that the causative *K. kingae* strains belongs to a novel ST, the presence of multiple *abcZ* alleles does not allow to precisely define it. Moreover, in the MLST scheme of *K. kingae*, founder genotypes of STCs were defined as the ST of the STc with the highest number of neighboring STs [(15), Table 3]. Consequently, although analysis of the combination produced by the five unambiguous alleles indicated that the causative *K. kingae* strains belong also to a novel STc, no specific denomination is yet possible. Moreover, since each of these housekeeping genes is present in one copy in the whole genome of *K. kingae*, these findings suggested co-infection by strains belonging to distinct STs.

DISCUSSION

To the best of our knowledge, we herein report the first case of laboratory-confirmed invasive infection due to *K. kingae* in a child living in Africa. Little is known of the epidemiology of pediatric bone and joint infections in the African continent;

however, it is largely recognized that *Staphylococcus aureus* is the most common pathogen cultured in children with septic arthritis in resource-limited settings (10, 16). Nevertheless, septic arthritis caused by *S. aureus* affects most frequently older children and is more prone to result in a higher systemic inflammatory response when compared with *K. kingae* infections, and the organism is recovered without difficulty by culture of blood and synovial fluid aspirates (10, 16, 17). Although *K. kingae* arthritis is characterized by normal to moderate increase in inflammatory markers, we point out that the patient had a markedly elevated CRP level upon admission, consistent with invasive infection caused by *K. kingae* of at least several days duration. Despite this, *K. kingae* infection was highly suspected because this pathogen is recognized as the first cause of culture-negative, acute septic arthritis in young children and affects most commonly the knee (1). In addition, it was also demonstrated that viral respiratory infections may play a role in the pathogenesis of the disease by damaging the mucosal lining of the oral cavity, thus facilitating the spread of the organism from blood to distant anatomic sites (2).

TABLE 1 | Distance matrices of the *Kingella kingae* abcZ allele corresponding to the MAFFT alignment displayed in Figure S3 in Supplementary Material.

abcZ-F_1574363	98.53	98.45	98.23	96.69	97.35	96.03	88.3	96.69	96.8	83.89	95.81	97.68	96.8	96.58	97.68	98.01	83.66	96.91	88.08	98.01	96.47	88.08
abcZ-F_1574363		98.53	98.3	96.72	97.4	96.27	88.12	96.72	96.83	84.5	96.04	97.74	96.83	96.61	97.74	98.08	84.28	96.95	87.9	98.08	96.49	87.9
abcZ_5			96.69	95.58	96.03	95.81	87.86	95.36	95.81	83.22	95.58	96.47	95.58	96.25	96.47	96.47	83	95.81	87.64	96.47	95.36	87.64
abcZ_1				97.57	98.9	96.47	88.96	90.29	97.57	84.55	96.25	98.68	97.79	97.13	99.12	99.34	84.33	97.79	88.74	99.78	97.79	88.74
abcZ_2					96.47	96.69	90.29	96.69	96.91	84.11	96.47	97.57	98.01	96.91	97.57	97.35	83.89	96.69	90.07	97.35	99.78	90.07
abcZ_3						95.81	87.86	95.81	96.47	83.89	95.58	98.01	97.13	96.03	98.45	98.68	83.66	96.69	87.64	98.68	96.69	87.64
abcZ_4							88.96	95.81	96.47	84.33	99.78	96.03	97.35	97.13	96.47	95.81	84.33	95.14	88.74	96.25	96.91	88.74
abcZ_6								88.96	96.47	91.39	88.96	88.52	89.4	88.3	88.96	88.3	91.17	88.3	99.78	88.74	90.51	99.78
abcZ_7									97.13	84.33	96.25	97.79	98.23	96.69	97.79	97.57	84.11	97.35	89.85	97.57	99.56	89.85
abcZ_8										84.77	94.7	97.13	97.13	97.35	97.13	97.35	84.55	99.34	87.64	97.35	96.69	87.64
abcZ_9											84.33	84.33	84.55	83.22	84.11	84.11	99.78	84.77	91.39	84.33	84.11	91.17
abcZ_10												95.81	97.13	96.91	96.25	95.58	84.33	94.92	88.74	96.03	96.69	88.74
abcZ_11													98.23	96.25	99.56	98.45	84.11	96.91	88.3	98.45	97.35	88.3
abcZ_12														97.13	98.23	97.57	84.33	96.91	89.18	97.57	97.79	89.18
abcZ_13															96.69	96.47	83	96.69	88.08	96.91	97.13	88.08
abcZ_14																98.45	83.89	96.91	88.74	98.9	97.79	88.74
abcZ_15																	83.89	97.57	88.08	99.12	97.13	88.08
abcZ_16																		84.55	91.17	84.11	83.89	90.95
abcZ_17																			88.08	97.57	96.91	88.08
abcZ_18																				88.52	90.29	99.56
abcZ_19																					97.57	88.52
abcZ_20																					97.57	90.29
abcZ_21																					88.52	90.29

The 45S nucleotides composing the nucleotide sequence of the abcZ allele sequenced from the specimen no. 1574363 (abcZ-F_1574363 and abcZ-R_1574363) range between 98.45% with abcZ_5 and 83.66% with abcZ_16. This table was performed by using Geneious 10.2.3 (Biomatters).

The degree of allele similarity is expressed by a Blue scale scheme code, with the most divergent alleles being displayed in dark blue and the most similar in light blue.

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443 **TABLE 2** | Among the 70 sequence types (STs) of *Kingella kingae* that are
 444 documented in the multilocus sequence database (MLST) of the Institut Pasteur
 445 database ([http://bigsd.b.pasteur.fr/perl/bigsd/bigsd.pl?db=pubmlst_kingella_](http://bigsd.b.pasteur.fr/perl/bigsd/bigsd.pl?db=pubmlst_kingella_seqdef_public&page=downloadProfiles&scheme_id=1)
 446 [seqdef_public&page=downloadProfiles&scheme_id=1](http://bigsd.b.pasteur.fr/perl/bigsd/bigsd.pl?db=pubmlst_kingella_seqdef_public&page=downloadProfiles&scheme_id=1)), no. 1574363 shares
 447 four alleles, namely, *adk-2*, *cpn60-2*, *gdh/zwf-13*, and *recA-2*, with ST-26, which
 448 belongs to the ST complex (STc)-25; ST-26 is therefore the closest ST to the
 449 causative strains no. 1574363.

Reference	STc	ST	<i>abcZ</i>	<i>adk</i>	<i>aroE</i>	<i>cpn60</i>	<i>gdh/zwf</i>	<i>recA</i>
No. 1574363	NA	NA	NA	2	2	2	13	2
ST-26	25	26	7	2	6	2	13	2

453 *NA indicates data not available.*

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 456 The detection of *K. kingae* is currently improved by sensitive
 457 culture methods such as Bactec/Alert vials, and above all by
 458 specific qPCR assays (2, 7). However, these diagnostic methods
 459 are costly and not yet available in developing countries in which
 460 diagnostic resources such as blood culture or molecular assays are
 461 scarce, and hence the recognition of *K. kingae* as a possible cause
 462 of acute septic arthritis in pediatrics is particularly challenging.
 463 In low-income, high-burden settings of tuberculosis, antibiotics
 464 with appropriate coverage against *S. aureus* and classical pyogenic
 465 bacteria may be frequently administered without any cultures and
 466 in the case of non-response to antibiotic treatment, antitubercu-
 467 lous drugs may be given empirically for several weeks or months.

468 Although the child presented with an arthritis caused by
 469 *K. kingae* 4 days after arrival in Southeastern France, we highlight
 470 that *K. kingae* infection usually develop in several days to weeks
 471 following oropharyngeal *K. kingae* carriage and viral infections
 472 (18). Moreover, MLST analysis of invasive *K. kingae* strains from
 473 Southeastern France in 2016 demonstrated that strains causing
 474 osteoarticular infections belonged to ST-6 and ST-25 in the large
 475 majority of cases (14). Taken together with the novel *K. kingae*
 476 STc herein described, these findings are consistent with the fact
 477 that the child acquired causative *K. kingae* strains in Cameroon.

478 Notably, in an unpublished pilot study, *K. kingae* has been
 479 identified in the oropharynx of young children from Western
 480 Africa. This study was carried out at the Donka University
 481 Hospital in Conakry, Guinea, from 2012 to 2013 (Ceroni and
 482 Lamah, unpublished data). To define the prevalence rate of
 483 oropharyngeal *K. kingae* carriage, 45 healthy children aged from
 484 6 to 48 months were enrolled in this study. Children admitted
 485 for either elective surgery or attending the orthopedic outpatient
 486 clinic or visiting the emergency department for non-infectious
 487 disease were included, whereas those presenting an invasive
 488 infectious disease, or administration of antimicrobial drugs
 489 the two preceding months were excluded. Recent travel abroad
 490 was not reported in any child. Oropharyngeal specimens were
 491 obtained by rubbing a cotton swab on the child's tonsils, which
 492 were subsequently tested by molecular assays described earlier
 493 (13). Three children tested positive for *K. kingae*, thus indicat-
 494 ing a prevalence rate of 6.7%, which is roughly similar to that
 495 observed in Europe (4). Despite the small size of this pilot study,
 496 these preliminary results provide evidence that *K. kingae* is circu-
 497 lating in Western Africa as well, and as a result, *K. kingae* might
 498 be considered as a potential pathogen responsible for septic
 499

500 **TABLE 3** | Multilocus sequence typing (MLST) scheme of *Kingella kingae* shows
 501 the combination of the six alleles used to define the sequence types (STs) and
 502 sequence-type complexes (STcs) of *K. kingae*.

STc	ST	<i>abcZ</i>	<i>adk</i>	<i>aroE</i>	<i>cpn60</i>	<i>gdh/zwf</i>	<i>recA</i>
1	1	1	1	1	1	1	1
1	2	1	1	1	1	1	3
3	3	14	9	14	1	7	4
NA	4	3	3	9	3	7	3
NA	5	4	2	9	3	7	3
6	6	5	2	4	5	5	1
6	7	5	2	13	5	5	1
NA	8	11	2	3	7	7	2
NA	9	11	2	4	3	4	3
NA	10	1	8	3	6	1	3
11	11	13	2	4	2	8	6
11	12	15	2	4	2	8	6
NA	13	3	3	3	3	10	4
14	14	3	3	3	3	3	3
14	15	3	3	3	3	12	3
14	16	3	3	12	3	3	3
14	17	3	2	3	3	3	3
14	18	8	3	3	3	3	3
NA	19	4	4	4	4	1	3
NA	20	4	2	3	4	1	3
23	21	10	2	2	2	2	2
23	22	4	2	2	2	2	2
23	23	2	2	2	2	2	2
23	24	2	2	8	2	2	2
25	25	7	2	6	2	2	2
25	26	7	2	6	2	13	2
NA	27	12	6	10	3	9	2
29	28	9	2	7	3	4	3
29	29	9	2	4	3	4	3
NA	30	16	10	7	3	4	3
NA	31	6	1	4	3	1	5
32	32	6	5	5	3	6	5
NA	33	6	7	11	3	11	5
NA	34	6	7	11	3	2	5
35	35	1	8	15	8	1	3
NA	36	1	11	15	8	1	3
NA	37	3	3	3	3	2	3
NA	38	6	7	11	3	2	2
3	39	14	9	14	1	7	10
NA	40	9	2	7	10	4	3
14	41	3	3	9	3	3	3
14	42	3	3	3	3	14	3
NA	43	3	2	3	3	15	11

(Continued)

557 **TABLE 3 |** Continued

558	STc	ST	abcZ	adk	aroE	cpn60	gdh/zwf	recA
559	23	44	4	2	2	2	2	7
560	6	45	5	2	4	5	5	9
561	6	46	5	2	6	5	5	1
562	NA	47	6	7	11	3	17	12
563	NA	48	1	1	17	2	16	2
564	NA	49	1	1	17	9	16	2
565	NA	50	17	1	1	11	1	8
566	NA	51	4	6	9	4	1	3
567	35	52	1	8	3	8	1	3
568	NA	53	18	2	4	2	9	3
569	NA	54	3	2	3	3	1	11
570	23	55	19	2	2	2	2	2
571	23	56	20	2	6	2	2	2
572	14	57	3	3	3	3	18	3
573	35	58	1	8	15	8	19	3
574	6	59	5	2	18	5	5	1
575	14	60	8	3	3	3	3	13
576	6	61	5	2	4	5	20	1
577	23	62	2	2	6	2	2	2
578	NA	63	14	2	19	1	7	10
579	NA	64	3	2	16	3	3	3
580	NA	65	21	7	11	3	17	5
581	32	66	6	5	10	3	6	5
582	NA	67	5	2	3	2	2	2
583	NA	68	5	2	6	11	9	1
584	NA	69	1	2	6	2	1	14
585	23	70	2	2	20	2	2	2
586	NA	NA	NA	2	2	2	13	2

592 NA indicates data not yet available.

593 In the present case, MLST sequencing data from the joint fluid specimen no. 1574363
 594 indicated that the *K. kingae* causative strains shared four alleles with ST-26/STc-
 595 25, namely, *adk-2*, *cpn60-2*, *gdh/zwf-13*, and *recA-2*. Therefore, ST-26/STc-25 is
 596 the closest ST with the *K. kingae* strains that were identified in the synovial fluid no.
 597 1574363 (boxes designed on blue background in the bottom row of the table).

598 Please note that among the 70 STs identified, 31 *K. kingae* isolates have not
 599 yet an STc determined (boxes designed on orange background).

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 601 arthritis in young children living in this geographical area. Early
 602 microbiologically proven diagnosis of *K. kingae* infection would
 603 enable to provide appropriate antibiotic therapy by amoxicillin,
 604 or amoxicillin-clavulanate, and to drastically reduce the total
 605 duration of treatment to a few days or weeks (2, 6). This would
 606 also make it possible to avoid the administration of potentially
 607 harmful antituberculous regimens.

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CONCLUDING REMARKS

614
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 616 This case report demonstrates that *K. kingae* might be consid-
 617 ered as a potential cause of acute septic arthritis in children
 618 living in sub-Saharan Africa. Together with the evidence of
 619 *K. kingae* carriage among healthy children from Western Africa,
 620 these findings suggest that *K. kingae* might contribute to an
 621 underestimated burden of septic arthritis in this geographical
 622 area. Moreover, MLST analysis disclosed the first *K. kingae* STc
 623 in Africa that is a novel STc close to ST-26. Further prospective
 624 studies to specify the prevalence of *K. kingae* infection and car-
 625 riage in sub-Saharan Africa are required to better help guiding
 626 rational diagnostic and therapeutic strategies.

CONSENT FOR PUBLICATION

627
 628 The written consent for publication was obtained from the par-
 629 ents' child.

ETHICS STATEMENT

630
 631 The study was approved by the Ethics committee of the IHU
 632 Mediterranee-Infection under reference number 2016-024.

AUTHOR CONTRIBUTIONS

633
 634 All the authors provided a substantial contribution to the
 635 conception and design of the work, and acquisition, analysis,
 636 and interpretation of data for the work. NEH and DC drafted
 637 the initial version of the manuscript, and all the authors revised
 638 it critically for important intellectual content. All the authors
 639 approved the present version to be published.

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SUPPLEMENTARY MATERIAL

648
 649 The Supplementary Material for this article can be found online
 650 at [http://www.frontiersin.org/article/10.3389/fped.2017.00230/](http://www.frontiersin.org/article/10.3389/fped.2017.00230/full#supplementary-material)
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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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